

July 2, 2012

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this email to others on your email list with an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website**

http://safeschools.state.co.us/index.html

CURRENT EVENTS AND ANNOUNCEMENTS

Crisis Planning for an Off-Campus Event

- Learn how to prepare your school with the Colorado School Safety Resource Center's new <u>FREE</u> online learning module, "Crisis Planning for an Off-Campus Event."
- To access the training:
 - The training works best with Internet Explorer web browser
 - Go to <u>www.co.train.org</u>
 - Sign in or create a new account. You will already have an account if you have attended CSSRC in-person trainings in the past
 - Search for Course ID 1026872
 - This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

Congratulations to Arapahoe County Sheriff's Office

- CSSRC extends our congratulations to the Arapahoe County Sheriff's Office for being a recipient of the 2012 National Association of School Resource Officers Model Agency Award.
- Learn more about NASRO

Follow Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

COLORADO SCHOOL SAFETY CENTER TRAININGS

- Youth Substance Abuse Symposium Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Department of Human Services
 - Denver Metro Area: Thursday, September 27, 2012, 8:00 am 5:00 pm **Registration is open**
 - Featuring Special Guest Speakers: Paula Riggs, M.D. and Marguerite McCormack
 - Who should attend: school substance abuse prevention personnel, administrators, school health and mental health professionals, school safety teams, law enforcement officers, and community mental health personnel.
 - What: Co-occurring substance use and psychiatric disorders, mental health issues and trauma, school based prevention and intervention, community based prevention and parent engagement, effective treatment and recovery support services, and more...
 - **No charge for Colorado participants**, light breakfast and lunch provided. Space is limited and registration is required.
 - See the Youth Substance Abuse Symposium Flyer for more information.
 - Registration Instructions: Please go to www.co.train.org. First set up a learner account and then register for the Symposium location and date using the course ID number: 1031923. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- Bullying Prevention Institute Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Legacy Foundation
 - Thursday, October 25, 2012, 8:00 am 3:30 pm, Silverthorne Town Pavilion, 400 Blue River Parkway, Silverthorne, 80498 **Registration is open**
 - Featuring Special Guest Speaker: Dorothy Espelage, Ph.D.
 - **Designed for:** administrators, PBIS teams, school safety teams, school mental health professionals
 - No charge for Colorado participants
 - Space is limited and registration is required
 - Registration Instructions: Please go to www.co.train.org. Set up a learner account and register for the Symposium location and date using the course ID number: 1033731. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
 - Event Flyer LINK
- Youth Suicide Prevention and Intervention Symposium Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Office of Suicide Prevention (CDPHE), with support from Aurora Public Schools

- <u>SAVE the DATE:</u> Thursday, November 29, 2012, 8:00 am 3:30 pm, Aurora Public Schools Professional Learning and Conference Center
- **Designed for:** School Administrators and school suicide intervention teams, including school psychologists, school social workers, counselors, SROs, nurses, special educators, teachers, community partners, and crisis response teams.
- No charge for Colorado participants
- Participants will hear from both state and community leaders and panels of school and agency personnel with a variety of experience in youth suicide prevention and response.

OTHER COLORADO TRAININGS

❖ All Hazards Situation Unit Leader

- July 9 July 13, 2012, 8:00-5:00pm, Rita Bass Training Center, 190 W. 6th Ave, Denver, CO 80204
- This **free** 5-day L964 ICS position specific FEMA developed all hazards planning class is intended for local, county, state and others who are responsible or potentially responsible for managing multi-jurisdictional or interagency incidents for extended operational periods, as part of a Type III or Type IV incident Management Team. The class is also appropriate for emergency managers or Emergency Operations Center emergency management personnel.
- Focuses on leadership principles, organizational skills, document preparation, operational, transitional briefing and Situational Unit Leader job duties.
- This course is now open to agencies outside the North Central Region.
- Registration at www.co.train.org, Course ID 1023839.
- For questions, please contact Lin Bonesteel at <u>Linda.Bonesteel@denvergov.org</u>

❖ Facing History and Ourselves, From Segregation to Civil Rights: Race and Membership in American History

- July 16 July 20, 2012, 8:00-4:00pm, 7039 East 18th Avenue, Johnson & Wales University Campus, Aspen Hall, Room A220, Denver
- Explore how the notion of race became entrenched in American society, and how ideas about race and gender affected public policies and social attitudes.
- Registration, \$650
- More information and registration

Changes in School Discipline and Bullying Prevention Laws

- CASE Pre-Conference Training, Tuesday, July 24, 8:30am-4:30pm, Beaver Run Resort, 620
 Village Road, Breckenridge, 80424
- Jointly hosted by CASE and CASB, this highly interactive session will cover recent changes to Colorado law that directly impact the way that administrators react and respond to bullying, harassment, and other disciplinary issues. The session will be geared toward creating a working knowledge among attendees of state and federal civil rights laws, related policy requirements, and an understanding as to how to minimize school districts' potential legal liabilities.
- More information and \$130 registration

❖ If You Build It, They Will Come: Building and Sustaining Effective Campus Recovery Programs

- U.S. Department of Education's, Higher Education Center for Alcohol, Drug Abuse, and Violence Prevention
- August 2-3, 2012, Washington, D.C.
- Researchers estimate that as many as 31 percent of college students meet diagnostic
 criteria for alcohol abuse, and another 6 percent are alcohol dependent. The environment
 on college campuses and in their surrounding communities often supports a culture of highrisk drinking. Staying sober and completing their college education in an environment where
 drinking and, to a lesser extent, other drug use are accepted and prevalent presents real
 challenges for students who are in recovery from alcohol and/or drug addiction.
- More information and FREE registration

ONLINE TRAININGS Courses

❖ Special Populations in Youth Suicide Prevention: Rural and LGBTQ Youth

- Presented by the <u>Children's Safety Network</u> Youth Suicide Prevention Community of Practice
- This webinar focused on two populations at increased risk for youth suicide and shared strategies to reduce these risks. Speakers discussed obstacles and barriers unique to rural populations, reviewed potential success strategies for interventions, and provided an overview of the Trevor Project's education programs. The presentation also included suggestions for including LGBTQ-specific information in gatekeeper education and best practices for suicide prevention education with youth.
- Access the archived webinar

Accessibility in Grade Schools

- Presented by the American Clearinghouse on Educational Facilities (ACEF)
- This webinar takes a close look at how elementary and secondary schools often fail to comply with current regulations, describes methods for incorporating the ADA Accessibility Guidelines for Building Elements Designed for Children's Use, and suggests additional inclusive design strategies that can create even more effective learning environments for all students.
- Access the archived webinar

Webinars

Developing a Social Media Strategy for Children's Mental Health

- Wednesday, July 11, 2012, 2:00-3:00pm ET
- Presented by the National Network to Eliminate Disparities in Behavioral Health (NNED)
- This webinar will focus on developing social media strategies for organizations, communities or system of care development efforts.
- More information and registration

Inclusive Design at Universities: Common Errors and Best Practices

- Wednesday, July 18, 2012, 10:30am CT
- Hosted by American Clearinghouse on Educational Facilities (ACEF)

- Based on experience conducting university accessibility audits and providing expert witness
 testimony, this webinar reviews the most common accessibility problems faced by
 universities. Inclusive design strategies that can be implemented, along with best practice
 case studies, are provided to help overcome these problems with an emphasis on improving
 cost effectiveness by enhancing the campus for all students and staff.
- Free registration and more information

CURRENT GRANT OPPORTUNITIES

Promise Neighborhoods Planning Competition

- Applications due July 27, 2012
- Funded by the U.S. Department of Education
- Promise Neighborhoods is an important investment that helps communities create and execute plans that provide educational, health, and safety services to combat the conditions of poverty and help create greater opportunities for all children.
- Nonprofits, institutions of higher education and Indian tribes are invited to apply for funds to develop or execute plans that improve educational and developmental outcomes for students in distressed neighborhoods.
- The Department will provide around \$27 million for up to 7 new implementation grants with an estimated first-year grant award of \$4 million to \$6 million.
- More information and application

Community Transformation Grants – Small Communities

- Applications due July 31, 2012
- Funded by the U.S. Department of Health & Human Services
- The CTG Small Communities program targets intervention populations of up to 500,000 in neighborhoods, school districts, villages, towns, cities and counties in order to increase opportunities for people to make healthful choices and improve health. Grantees will work toward one or more of the five outcome measures: changes in weight, proper nutrition, physical activity, tobacco use and social and emotional well-being.
- Governmental agencies and non-governmental organizations, including but is not limited
 to, school districts, local housing authorities, local transportation authorities, health
 departments, planning and economic development agencies, non-profit and community
 based organizations, area aging agencies, cooperative extension agencies (educational
 programs within land grant universities), and tribal organizations are invited to apply.
- Learn more and apply

Healthy Community Grants

- Applications due September 7, 2012
- Funded by the Wellpoint Foundation
- The WellPoint Foundation invests in domestic initiatives that help improve the lives of people and the health of local communities. The Foundation promotes healthy behaviors, health-risk prevention, and healthy environments. Focus areas include childhood obesity prevention.
- Award amounts vary. Public schools and nonprofit organizations are eligible to apply.
- More information and application

❖ 2012 Office of Justice Programs (OJP) Program Plan

- A searchable online document of current funding opportunities and new initiatives. The plan
 features information for each of the component offices within OJP regarding both competitive
 and noncompetitive grants, training and technical assistance, research, and other resources
 available to the justice community.
- Access the 2012 Program Plan

RESOURCES

* Research and Statistics Resources

- Healthy Kids Colorado Survey Factsheets
 - In the fall of 2011, a total of 1,614 students in 33 public middle schools and 1,523 students in 33 public high schools throughout Colorado completed the Healthy Kids Colorado Survey (HKCS), which includes components of the Centers for Disease Control and Prevention's Youth Risk Behavior Survey (YRBS).
 - Colorado achieved sufficient participation in 2011 from selected schools and students that data was able to be weighted and can be considered representative of students in Colorado in grades 9-12.
 - Download the Middle School fact sheet
 - Download the High School fact sheet
 - Learn more about the Healthy Kids Colorado Survey

• Youth Risk Behavior Surveillance System 2011 Results

- Administered by the <u>Centers for Disease Control and Prevention</u>, the national Youth Risk Behavior Survey (YRBS) monitors six priority health-risk behaviors that contribute markedly to the leading causes of death, disability, and social problems among youth and adults in the United States.
- Read the National Results Overview
- See how Colorado compares to national results
- Learn more

Drinking, Socioemotional Functioning, and Academic Progress in Secondary School

- A new study published in the <u>Journal of Health and Social Behavior</u> find that teenagers who drink alcohol are more likely to feel like social outcasts, and the social stress of drinking also takes a toll on their school performance.
- The researchers also found a direct link between the teens' feelings of isolation and poor school performance, even after taking other factors into account. Students who drank and felt like outcasts had as much as a three-tenths of a point drop in their grade-point average each year.
- Access the study

School Bullying: Extent of Legal Protections for Vulnerable Groups Needs to be More Fully Assessed

• A new report from the U.S. Government Accountability Office (GAO) recommends additional action by the U.S. Department of Education and the attorney general, and

says more study is needed to determine whether existing laws go far enough in protecting all students from bullying at school.

Read the report

Stop Arm Violators Survey

- Conducted April 18, 2012 with 46 district transportation departments from across Colorado.
- The purpose of the survey was to identify the number of cars that illegally pass a school bus while actively involved (red lights flashing, stop arm extended) in loading or unloading students.
- Among the findings, 205 drivers reported between 2 and 13 cars passing at one stop.
- For more information, contact Greta Bleau at CDE, 303-866-6656, bleau g@cde.state.co.us

Prevention Resources

101 Tips for Teaching Nutrition Concepts in Physical Education

- Created by the National Associate for Sport and Physical Education (NASPE) and Fuel Up to Play 60, these easy-to-use ideas are available for free download.
- Download the free tips

Growing Up LGBT in America

- A new study released by the <u>Human Rights Campaign</u>
- A major finding of the study was that LGBT youth are nearly twice as likely as their peers to say they have been physically assaulted, kicked, or shoved at school.
- Download the study

Preventing Suicide: A Toolkit for High Schools

- Created by the Substance Abuse and Mental Health Services Administration (<u>SAMHSA</u>)
- The toolkit aims at reducing the risk of suicide among high school students by providing school administrators, principals, mental health professionals, health educators, guidance counselors, nurses, student services coordinators, teachers and others guidelines for identifying teenagers at risk and resources for taking appropriate actions to provide help.
- Download the Toolkit

Safeguarding Your Child's Future

- Created by the Federal Trade Commission (FTC)
- This resource guide offers steps to help parents avoid, recognize, and repair the damage that child identity theft causes.
- Read the guide

Preparedness Resources

Get Ready: Emergency & Disaster Preparedness

- American Public Health Association's (<u>APHA</u>) Get Ready campaign is helping Americans
 prepare for all health hazards, including pan flu, infectious diseases, disasters and other
 health emergencies.
- Visit the Get Ready Pinterest page
- Learn more on Twitter @getready

Recovery Resources

Drug Courts

- A new fact sheet released by The Office of Justice Programs (OJP), in collaboration with the Office of Juvenile Justice and Delinquency Prevention (OJJDP), the National Institute of Justice (NIJ), and the Bureau of Justice Assistance (BJA).
- This fact sheet examines adult and juvenile drug court program models and OJP's support of adult and juvenile drug courts. It also provides facts, research findings, and additional resources regarding drug courts.
- Access the fact sheet

Parent Guidelines for Helping Children Impacted by Wildfires

- These guidelines are available from the National Child Traumatic Stress Network (NCTSN)
- Children's reactions to the wildfires and their aftermath are strongly influenced by how their parents, teachers, and other caregivers cope during and after the events. They often turn to these adults for information, comfort, and help.
- Download the guidelines

Higher Education Resources

- Efficacy of Expectancy Challenge Interventions to Reduce College Student Drinking: A Meta-Analytic Review
 - Researchers at the Miriam Hospital say that interventions targeting what college students often see as the pleasurable effects of alcohol may be one way to stem the tide of dangerous and widespread binge drinking on college campuses. They conducted a meta-analysis of 19 separate alcohol expectancy challenges among more than 1,400 college students across the country and found that, overall, participants reported lower positive alcohol expectancies and reduced both their alcohol use and their frequency of heavy drinking for as long as one month post-intervention.
 - Alcohol expectancy challenges have been designated by the National Institute on Alcohol Abuse and Alcoholism (NIAAA) as one of only three effective alcohol-prevention treatments for college students.
 - Access the study

THE CSSRC IS AVAILABLE to any Pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school

year. We invite you to continue monitoring our website (<u>www.safeschools.state.co.us</u>) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435**.



Thank you for supporting safe and positive schools in Colorado!

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Supporting Safe and Positive Colorado Schools